



Calling All Wizards for Summer Workshops



Fun Workshops to Help Your Tween Or Teen Build Courage
to Face Life's Challenges

House Colors & Finding Your Courage Monday, June 30th

In this workshop, your child will discover how their Hogwarts house strengths can help them tackle everyday challenges to face conflicts or manage worry. Children will create a poster highlighting their unique strengths while learning to connect with their inner courage.

Wizards Ages 8-10: 4:00-5:30 PM

Wizards Ages 11-14: 6:00-7:30 PM

Fee: \$50

Banishing Bogarts Monday, July 14th

Bogarts are shape shifting creatures that turn into a person's greatest fear. They can only be banished by using humor and laughter. In this workshop children will identify a fear or worry and learn how to face it using humor and practical strategies. Kids will make a wand to help banish Bogarts and decrease anxiety!

Wizards Ages 8-10: 4:00-5:30 PM

Wizards Ages 11-14: 6:00-7:30 PM

Fee: \$50

Led by Therapists and Defense Against the Dark Arts Instructors

Lauren Wolfe LPC and Kayla Defeo LPC-A

at **Firefly Counseling and Wellness, Sandy Hook**

To register email or call: Kayla@FireflyCounselingandWellness.com

203-212-8857